ELL-BEING FOR VIRGINIAN

The Virginia Department of Health

Virginia's Plan for Well-Being

(2016-2020)

A call to action for Virginians to create and sustain conditions that support health and well-being.















VISION Well-being for all Virginians

well-be-ing noun A state characterized by health, happiness, and prosperity.



Healthy, Connected Communities



Economic Stability



Community Collaboration

Health Opportunity in Virginia

Over

of Virginians do not have equal access to basic resources (healthy foods, affordable housing, and transportation).



Health Opportunity Index (HOI) - A composite measure comprised of 13 indices that reflect a broad array of social determinants of health.

Strong Start for Children

In 4 years

increase reading SOL pass-rate by



Plan pregnancies



Prepare children for kindergarten



Lower infant deaths



1 of 6 Strategies

Expand programs that teach positive parenting and help parents fully engage with their children in productive ways. LOVING STEPS





Preventive Actions



Healthy eating and safe, active living



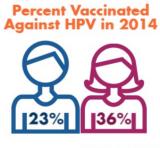
Prevent nicotine dependency

Prevent diseases with vaccines





Prevent cancer and diagnose cancer as early as possible



By 2020, increase to for boys and girls



According to the Centers for Disease Control and Prevention (CDC), Americans receive preventive health services at about 1/2 the recommended rate.



System of Health Care

In 2013, there were

Lifelong wellness





Stronger primary care system



comprehensive and accessible health IT

Support optimal health outcomes by





associated infections

Prevent and control health-care



Potentially preventable hospitalizations: Admissions to a hospital for certain acute illnesses (e.g., dehydration) or worsening chronic conditions (e.g., diabetes) that might not have needed hospitalization had they been managed successfully by primary care providers in outpatient settings.

SOURCE Virginia's Plan for Well-Being (2016). Virginia Department of Health: Population Health. https://virginiawellbeing.com

